Pung Cholom is a vibrant traditional dance form of Manipur, known for its rhythmic energy and synchronisation of music with physical movements. The term literally means the “roar of the drums”.

During the performance, dancers play the pung, a traditional barrel-shaped hand-beaten drum, while performing intricate steps, jumps and acrobatic movements. It represents the rich musical and cultural heritage of Manipur.

APSC Relevance: Manipuri Culture, Folk Dance