The **Hrusso Dance** is a traditional folk dance of the **Hrusso (Aka) tribe** of **Arunachal Pradesh**. It is prominently performed during the **Nechidow festival**, where community members pray for a **good harvest, prosperity, and the welfare of the village**, reflecting the tribe's rich cultural and spiritual heritage.

Beyond traditional festivals, the dance is also showcased at regional cultural events such as **Bomdila Connect**, promoting the preservation and wider appreciation of Arunachal Pradesh's indigenous traditions and performing arts.

APSC Relevance: Art & Culture; North East India.