There has been a spike in cases of Hand, Foot, and Mouth Disease (HFMD) in Mumbai.

About the disease-

- Hand, Foot, and Mouth Disease is **common in children under the age of 5, but anyone can get it**.
- It is most commonly **caused by a coxsackievirus**, which belongs to a group of viruses called nonpolio enteroviruses.
- The illness is usually not serious, but is very contagious. It spreads quickly at schools and daycare centers.
- It **spreads through person-to-person contact** when an infected person's nose secretions or throat discharge, saliva, fluid from blisters, stool or respiratory droplets are sprayed into the air after a cough or sneeze.