From the Indian Express: China has recently appealed to Russia, India, & other members of the Shanghai Cooperation Organisation (SCO) to cooperate with each other in order to prevent foreign powers from destabilising their countries by inciting “colour revolutions”.

What are colour revolutions?

Colour revolutions refer to a series of uprisings that first began in former communist nations in Eastern Europe in the early 2000s, but are also used in reference to popular movements in the Middle East and Asia.
Most have involved large-scale mobilisation on the streets, with demands for free elections or regime change, and calls for removal of authoritarian leaders.
Protesters often wear a specific colour, such as in Ukraine’s Orange Revolution, but the term has also been used to describe movements named after flowers like the Jasmine Revolution in Tunisia.
In 2019, Beijing had said the protests in Hong Kong had taken on “colour revolution characteristics”.
Russia and China have long criticised colour revolutions for being destabilising influences that have been orchestrated by the United States and its Western allies to overthrow regimes in order to further their own geopolitical interests.